



## Hospice Volunteers of Waldo County



*In Waldo County, no one need die nor grieve alone.*

We provide free, confidential, non-medical support and assistance to those at the end of life, their families, and the bereaved; we offer relevant education within the community.

2022 was a terrific year for Hospice Volunteers of Waldo County. We continued providing loving, neighborly support free of charge to those facing the end of their lives and their families, a listening ear and compassionate support to those suffering in grief.

We also expanded with started a support group for caregivers whose partners have dementia.

To spread education about the dying process and grieving, we also revamped our library and put the catalog online. And we started deploying little wooden boxes mounted on posts with free hospice books. Our first box is up at 274 High Street in Belfast.

Check out our new website at [hospicevolunteersofwaldocounty.org](http://hospicevolunteersofwaldocounty.org). With the help of local design experts at PICA, we completely rebuilt our online presence.

Our volunteers are the essence of everything we do, and we are lucky to have them. Thank you to everyone who gave their time, energy, and compassion.

We could do more. Please join us in our work to advance our mission of seeing that no one in Waldo County need die nor grieve alone. It's volunteer work that changes lives—of the ill, their families, and the volunteers themselves.

Jane Beers  
BOARD PRESIDENT

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### Board Members and Staff 2022

- PRESIDENT:** Jane Beers, Belfast
- TREASURER:** Rae Ann Beach, Stockton Springs
- SECRETARY:** Sandy Mattson, Northport
- MEMBERS:** Jean Ashland, Belfast  
Polly Shyka, Freedom  
Amy Smith, Lincolntown
- STAFF DIRECTOR:** Flic Shooter, Monroe



## JOIN US!

- ♥ Tell your friends who may be facing end of life issues or who have experienced a loss that we are here to help.
- ♥ Join us as a trained volunteer: our training offers the chance to grow in your knowledge of end of life issues.
- ♥ Join us as a community volunteer: help with fund raising, other projects, or join us to support a patient.
- ♥ Consider a financial gift: now is always a great time to give.
- ♥ Invite us to speak to your business, school, service, or church group to learn more about preparing for the end of life and how to support people grieving.

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HospiceVolunteersOfWaldoCounty.org

# Hospice Volunteers of Waldo County



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## 2022 ANNUAL REPORT

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## *Our 2022 Year in Review*

### *Hours in 2022—the equivalent of over three full-time staff*

- ♥ Provided 1,699 hours of patient and family support in homes, Waldo County General Hospital, and nursing homes
- ♥ Provided 2,781 hours of bereavement support
- ♥ Volunteers completed 1,107 hours of continuing and community education
- ♥ Administrative assistance (office work, fundraising, etc.) 1,320

### *Here's what our wonderful volunteers accomplished*

- ♥ Supported 165 patients and families facing the end of life
- ♥ Supported 170 individuals in bereavement
- ♥ Held four support groups for the bereaved attended by 38 people
- ♥ Held 2 support groups in schools
- ♥ Ongoing bereavement support for young adults who experienced loss as young children
- ♥ Ongoing bereavement support for adults who experienced loss
- ♥ Held Annual Remembrance Ceremony for the public
- ♥ Trained 7 new volunteers
- ♥ Partnered with Waldo County General Hospital to provide 47 rides to medical appointments and the vaccination clinic
- ♥ Partnered with Belfast Flying Shoes to provide concerts for Tall Pines residents
- ♥ Provided ongoing personal support for Tall Pines residents
- ♥ Gifted 50 personal bouquets of spring flowers to staff at Waldo County General Hospital
- ♥ Gifted regular seasonal cut flowers to Waldo County General Hospital and Tall Pines
- ♥ Gifted 15 hand-sewn quilts to Waldo County General Hospital
- ♥ Assisted with funeral planning and led ceremonies
- ♥ Assisted 33 people to complete their Advance Care Planning
- ♥ Purchased new books and DVDs for our public lending library collection
- ♥ Put our library collection online accessible from our website
- ♥ Placed a little library box in Belfast with free caregiving and grief support resources
- ♥ Partnered with local musicians to provide live music for homebound patients
- ♥ Remained 100% compliant on quality measures

## *Our Community Partners*

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| <ul style="list-style-type: none"> <li>♥ Aging Well In Waldo County</li> <li>♥ Belfast Area Chamber of Commerce</li> <li>♥ Belfast Area Friends Meeting</li> <li>♥ Belfast Area Rotary Club</li> <li>♥ Belfast Bay Fiddlers</li> <li>♥ Belfast Coop</li> <li>♥ Belfast Flying Shoes</li> <li>♥ Belfast Free Library</li> <li>♥ Belfast Lions Club</li> <li>♥ Belfast Police Department</li> <li>♥ Belfast Public Health Nurse</li> <li>♥ Belfast United Methodist Church</li> <li>♥ Carver Memorial Library</li> <li>♥ City of Belfast</li> <li>♥ Department of Veterans Affairs</li> <li>♥ First Church in Belfast</li> <li>♥ First Congregational Church of Searsport</li> <li>♥ Friendship Sampler Quilters</li> <li>♥ Greater Belfast Area</li> </ul> | <ul style="list-style-type: none"> <li>Ministerium</li> <li>♥ Hammond Lumber Company</li> <li>♥ Harbor Hill Center</li> <li>♥ HeartSong</li> <li>♥ High Street Design</li> <li>♥ Johnny's Selected Seeds</li> <li>♥ Liberty Library</li> <li>♥ Little River Redemption</li> <li>♥ Maine Cancer Foundation</li> <li>♥ Maine Community Foundation</li> <li>♥ Maine Hospice Council</li> <li>♥ Paddling the Rapids, Deb Burwell</li> <li>♥ Penobscot Shores Retirement Community</li> <li>♥ PICA</li> <li>♥ Riposta Funeral Home</li> <li>♥ RSU 71</li> <li>♥ RSU 3</li> <li>♥ RSU 20</li> <li>♥ Sandy Point Congregational Church</li> </ul> | <ul style="list-style-type: none"> <li>♥ Senior College at Belfast</li> <li>♥ St. Francis of Assisi Church</li> <li>♥ St. Margaret's Episcopal Church</li> <li>♥ Stockton Springs Community Library</li> <li>♥ Tall Pines Health Care Community</li> <li>♥ Towns of Waldo County</li> <li>♥ UCC Lincolnville</li> <li>♥ United Methodist Church, Belfast</li> <li>♥ Unitarian Universalist Church, Belfast</li> <li>♥ United Midcoast Charities</li> <li>♥ University of Maine at Orono</li> <li>♥ Unity Barn Raisers</li> <li>♥ Unity Area Rotary Club</li> <li>♥ Villageside Farm</li> <li>♥ Waldo County General Hospital</li> </ul> |
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## *2022 Financial Stats*

### **Income Sources and Amounts:**

Individual donations	\$29,554
Program income	8,250
Grant funding	25,000
Community organizations	32,426
Fund raising events	<u>6,771</u>
<b>Total Income</b>	<b>\$102,001</b>

### **Expenses by category:**

Staffing	\$75,126
Public Relations/Website	8,287
Program	5,007
Insurance/Fees	4,801
Office	<u>3,640</u>
<b>Total Income</b>	<b>\$96,861</b>