



*You are not alone
You are not forgotten*



Special thanks to the
MCf | **Maine Cancer Foundation**
HERE FOR TOMORROW

Our President's Message: 2020 year in review

2020 was an extraordinary year. As Covid arrived we adapted swiftly.

- When services in homes were temporarily suspended, we partnered with the City of Belfast and the Belfast Public Health nurse to launch a new program: Ring Of Caring. Together we worked to meet the needs of elders and vulnerable citizens.
- A Covid outbreak at a local nursing home brought a totally new challenge: could we support residents locked in their rooms and staff stretched beyond the breaking point when we ourselves were not permitted to enter? With verve and creativity our volunteers helped ease the lives of many.
- In this storm of change, we held one thing constant. Our more than 70 volunteers, whose ages span from 21 - 86, offered all our services to anyone in complete confidence and free of charge. As always, we work with individuals, Waldo County school districts, community groups, businesses, nursing homes and our local hospital.

Jane Beers, Board President

Hospice Volunteers of Waldo County

2020 ANNUAL REPORT

Ways to Get Involved

To hold true to our vision, Hospice Volunteers of Waldo County depends on the involvement of our neighbors. Here's how you can play a vital role.

- Let your friends know we are here to help. Connect us with someone facing end of life issues or who has experienced a loss.
- Become a trained volunteer: we offer 35-hour trainings so you can help people facing end of life issues. You can also help with office tasks and organizing our fun fundraising events.
- Organize a speaking engagement for your neighbors, church or other group to learn about preparing for the end of life and supporting friends in grief.
- Donate to keep our services free for everyone who needs them.

Contact

207-505-4434

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HospiceVolunteersOfWaldoCounty.org

*Thanks to your
generous support...*



*in Waldo County,
no one need die or
grieve alone*

The Mission of Hospice Volunteers of Waldo County

We provide free, confidential, non-medical support to those at the end of life, their families, and the bereaved; we offer relevant education within the community.

Volunteers gave over 10,000 hours in 2020—the equivalent of 5 full-time staff

- ♥ Provided 3,285 hours of patient and family support in homes, Waldo County General Hospital or nursing homes
- ♥ Provided 2,983 hours of bereavement support
- ♥ Volunteers completed 2,320 hours of continuing and community education
- ♥ Administrative assistance (office work, fundraising, etc.) 1,731

Here's what our wonderful volunteers accomplished

- ♥ Supported 125 patients and families facing the end of life
- ♥ Supported 192 individuals in bereavement
- ♥ Held four support groups for the bereaved public
- ♥ Held support groups at Troy Howard Middle School, Belfast Area High School & Searsport Middle School
- ♥ Ongoing bereavement support for young adults who experienced loss as young children
- ♥ Partnered with Waldo County General Hospital to provide 55 rides to medical appointments during the Covid lockdown
- ♥ Partnered with the City of Belfast to create Ring of Caring Program providing shopping and rides and companionship to vulnerable people in our community during the pandemic
- ♥ Ran 63 grocery errands
- ♥ Provided hundreds of hand sewn facemasks to Belfast Public Health nurse and frontline workers providing school lunches
- ♥ Partnered with local churches to provide home-cooked take-home meals for staff at Tall Pines every day for six weeks during the height of the lockdown
- ♥ Provided ongoing spiritual and emotional support for staff at Tall Pines during a Covid outbreak
- ♥ Provided regular window visits to isolated residents at Tall Pines
- ♥ Partnered with Belfast Flying Shoes to provide eight outdoor concerts with live musicians and Hospice Fairies in attendance
- ♥ Delivered personal supportive hand-made cards to nursing home staff daily for 3 months
- ♥ Gifted personal gift bags to all Tall Pines residents
- ♥ Gifted 50 personal bouquets of spring flowers to staff at Waldo County General Hospital
- ♥ Gifted regular seasonal cut flowers to Waldo County General Hospital and Tall Pines
- ♥ Gifted 12 hand-sewn lap quilts to residents at Tall Pines
- ♥ Gifted and catered a funeral for a local family
- ♥ Provided bereavement support to staff at a large local business
- ♥ Led a trauma debriefing session
- ♥ Sponsored evening educational offerings on various topics
- ♥ Partnered with Maine Hospice Council and the VA to offer Trauma Informed Care Training
- ♥ Held Advance Care Planning workshops; 23 people attended
- ♥ Held four End Stage productions featuring the Palliative Players in the community, 120 people attended
- ♥ Presented to students at University of Maine in Orono on end-of-life care
- ♥ Purchased new books and DVDs for our public lending library collection
- ♥ Partnered with local musicians to provide music for homebound patients
- ♥ Continued our partnership with HeartSong to offer music at the end of life
- ♥ Remained 100% compliant with quality measures

Our 80+ Community Partners

- ♥Aging Well In Waldo County
- ♥Bell the Cat Deli Restaurant
- ♥Belfast Area Rotary Club
- ♥Belfast Bay Fiddlers
- ♥Belfast Area Chamber of Commerce
- ♥Belfast Area Friends Meeting
- ♥Belfast Coop
- ♥Belfast Flying Shoes
- ♥Belfast Free Library
- ♥Belfast Lions Club
- ♥Belfast Police Department
- ♥Belfast Public Health Nurse
- ♥Belfast United Methodist Church
- ♥Best Café
- ♥Blake Veterinary Hospital
- ♥Carver Memorial Library
- ♥City of Belfast
- ♥Camden National Bank
- ♥Coyote Moon
- ♥Delvino's Grill & Pasta House
- ♥Darby's Restaurant
- ♥Department of Veterans Affairs
- ♥First Church in Belfast
- ♥First Congregational Church of Searsport
- ♥Friendship Sampler Quilters
- ♥Front Street Shipyard
- ♥Glow Salon
- ♥Greater Belfast Area Ministerium
- ♥Green Store
- ♥Harborwalk Restaurant
- ♥Hannaford
- ♥Hammond Lumber Company
- ♥Harbor Hill Center
- ♥HeartSong
- ♥High Street Graphics
- ♥Hospice Care Connection
- ♥Images Belfast
- ♥Jack's Grocery
- ♥Katwalk
- ♥Liberty Library
- ♥Little River Redemption
- ♥Little River Veterinary Hospital
- ♥Macleod Furniture
- ♥Maine Community Foundation
- ♥Maine Cancer Foundation
- ♥Maine Hospice Council
- ♥Old Professor Book Store
- ♥Paddling the Rapids, Deb Burwell
- ♥Palermo Community Center
- ♥Penobscot Bay Dentistry
- ♥Penobscot Shores Retirement Community
- ♥Perry's Home Furnishings and Design
- ♥Private Home Care, Inc
- ♥Rauch Instrument Co
- ♥Riposta Funeral Home
- ♥Rollie's Bar and Grill
- ♥RSU 71
- ♥RSU 3
- ♥RSU 20
- ♥Sandy Point Congregational Church
- ♥Senior College at Belfast
- ♥St. Francis of Assisi Church
- ♥St. Margaret's Episcopal Church
- ♥Stockton Springs Community Library
- ♥Swan Lake Grocery
- ♥Tall Pines Health Care Community
- ♥Towns of Waldo County
- ♥Tozier's Family Market
- ♥Tarrantine Tribe #13 IORM
- ♥UCC Lincolnville
- ♥United Midcoast Charities
- ♥United Methodist Church, Belfast
- ♥Unitarian Universalist Church, Belfast
- ♥University of Maine at Orono
- ♥Unity Barn Raisers
- ♥Unity Area Rotary Club
- ♥Viking Inc
- ♥Villageside Farm
- ♥Vinolio
- ♥Waldo County General Hospital
- ♥White Cap Builders

2020 Financial Stats

Income Sources and Amounts:		Expenses by category:	
Individual donations	\$44,300	Staffing	\$75,606
WCGH support	20,000	Program	14,490
Investment income	18,646	Insurance/Fees	5,508
Program income	15,021	Office	3,822
Grant funding	11,500	Fund-raising expenses	3,437
Community organizations	10,435	Total Expenses	\$102,863
Fund raising events	7,026		
Total Income	\$126,928		

Board Members

<i>President:</i>	Jane Beers
<i>Treasurer:</i>	Rae Ann Beach
<i>Secretary:</i>	Sandy Mattson RN
<i>Members:</i>	Jean Ashland
	Ruta Kadonoff
	Katie Riposta
	Barney Lutsk
	Cyrene Slegona
<i>Staff Director:</i>	Flic Shooter