

The Mission & Vision of Hospice Volunteers of Waldo County

Vision: In Waldo County, no one need die nor grieve alone.

Mission: We provide free, confidential, non-medical support and assistance to those at the end of life, their families, and the bereaved; we offer relevant education within the community.

Our President's Message

In this time of deep divisions in our society, we do the healing work of serving all our neighbors wrestling with issues of loss. Whether it is the quiet passing of a beloved patriarch, a violent accident snatching a young life, or cancer taking away our loved ones, we all share the human experience of loss.

Hospice Volunteers of Waldo County is here to lend a helping hand, always free of charge and always confidential. We also encourage our neighbors to plan for loss and end of life, provide respite and do errands for caregivers to those facing the end of life, vigil support for those who desire it in their last hours and bereavement support after loss.

Our Mother's Day Sports Day and Cream Tea was a new event in 2019, planned to bridge divides by offering a free family outing open to all celebrating the love of family. We will provide this event again in 2020 on May 10th at the Belfast Boathouse, so mark your calendar now for an afternoon of fun, friendship, tea, and scones.

Come make a difference by joining our great team of volunteers. Our volunteers span age, gender, economic and political boundaries to meet human need surrounding the end of life, and we provide those services to everyone. Our support in the community is broad and far reaching. We encourage you to join us in any capacity. There are a variety of ways you can help make it possible for us to continue serving all who need our services. Our volunteers have fun, help people at times of great need and make a vital contribution to our community.

Join us!

Jane Beers, Board President

List of Board Members 2019

President: Jane Beers

Vice President (ex-officio):

Dr. Deb Peabody

Treasurer: Rae Ann Beach

Secretary: Sandy Mattson, RN

Members: Jean Ashland

Ruta Kadonoff

Katie Riposta

Cyrene Slegona

Staff Director: Flic Shooter

Ways to Get Involved:

Hospice Volunteers of Waldo County is only able to hold true to our vision with the involvement of our neighbors across Waldo County. Please consider joining us in any of the following ways.

- Let your neighbors and friends know we are here to help: share this info with someone you know who is facing end of life issues or who has experienced a loss.
- Join us as a trained volunteer: we offer a 35 hour training twice yearly that is a chance to grow in your own knowledge of end of life issues.
- Join us as a community volunteer: we always need partners within the community to help us with fund raising or join us in a particular project to support a particular patient.
- Consider a financial gift: beyond our annual appeal at the end of each year, we are in need of financial support all year.
- Invite us to speak to a group of people you are a part of: perhaps your neighbors or a service or church group you belong to would like to learn more about preparing for the end of life or supporting their friends as they walk through grief.

Please contact us at:
207-505-4434

hvowc1@gmail.com

HospiceVolunteersOfWaldoCounty.org

*Hospice
Volunteers
of Waldo
County*

~ Our 2019 Year in Review ~

In our 38th year of providing end of life and bereavement support to our neighbors, we were busy working towards our vision of ensuring that, in Waldo County, no one need die nor grieve alone.

From companionship to advocacy, from help with errands and respite to education, our more than 70 volunteers offer our services in complete confidence and free of charge. Our volunteers span the ages of 21 to 86, and our services are available to people of all ages as well. We work with Waldo County school districts, community groups, businesses, nursing homes and with our local hospital.

Our 2019 activities included the following:

- q Supported 115 patients and families facing the end of life
- q Provided 2870 hours of patient and family support in homes, Waldo County General Hospital and nursing homes
- q Supported 158 individuals in bereavement
- q Provided 2570 hours of bereavement support
- q Held five support groups for the bereaved public
- q Held support groups at Troy Howard Middle School, Belfast Area High School & Searsport Middle School
- q Ongoing bereavement support for young adults who experienced loss as children
- q Led a trauma debriefing session in the community
- q Held Advance Care Planning workshops in the community, 63 people attended
- q Held 12 End Stage productions featuring the Palliative Players in the community
- q Trained 10 new volunteers
- q Sponsored evening educational offerings on various topics
- q Presented to community groups on hospice and end of life care across Waldo County
- q Passed Maine State inspection
- q Remained 100% compliant with quality measures
- q Staff attended two professional trainings
- q Volunteers completed 2,058 hours of continuing education
- q Purchased new books and DVD's for our public lending library collection
- q Held Annual Remembrance Gathering at Belfast Free Library
- q Continued our partnership with Friendship Sampler Quilters to provide handmade quilts for patients
- q Continued our partnership with HeartSong to offer music at the end of life as well as monthly in the hospital
- q Presented to students at University of Maine in Orono
- q Presented workshops at the National Hospice Volunteer Conference
- q Created community Mother's day event; Old Fashioned English Sports Day and Cream Tea
- q Provided crisis support for a school district after a student death
- q Presented 6 handmade teddy bears to patient family members

For more information please visit us at HospiceVolunteersOfWaldoCounty.org

Our Community q Partners for 2019

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| <ul style="list-style-type: none"> q Aging Well In Waldo County q Bell the Cat q Belfast Area Rotary Club q Belfast Bay Fiddlers q Belfast Area Chamber of Commerce q Belfast Co-op q Belfast Free Library q Belfast Lions Club q Belfast Police Department q Best Café q Blake Veterinary Hospital q Carver Memorial Library q City of Belfast q Camden National Bank q Coyote Moon q County Copy and Print Centre q Delvino's q Darby's q Ducktrap River of Maine q Dutch Chevrolet q First Church in Belfast q Friendship Sampler Quilters q Front Street Shipyard q Glow q Greater Belfast Area Ministerium q Green Store q Harbor Walk | <ul style="list-style-type: none"> q Hannaford q Hammond Lumber Company q Harbor Hill Center q HeartSong q High Street Graphics q Hospice Care Connection q Jack's Grocery q Katwalk q Little River Redemption q Little River Veterinary Hospital q Macleod Furniture q Maine Community Foundation q Maine Cancer Foundation q Maine Hospice Council q The Meadow q Old Professor Book Store q Paddling the Rapids, Deb Burwell q Paint Chic q Palermo Community Centre q Penobscot Bay Dentistry q Penobscot McCrum q Penobscot Shores q Perry's Home Furnishings and Design q The Play House q Private Home Care q Rauch Instrument Co q Riposta Funeral Home | <ul style="list-style-type: none"> q Rollie's Bar and Grill q RSU 71 q RSU 3 q RSU 20 q Senior College at Belfast q St. Margaret's Episcopal Church q Stockton Springs Community Library q Swan Lake Grocery q Tall Pines Health Care Community q Towns of Waldo County q Tozier's Family Market q Tarrantine Tribe q UCC Lincolnville q United Mid Coast Charities q United Methodist Church q Unitarian Universalist Church q University of Maine at Orono q Unity Barn Raisers q Unity Area Rotary Club q Viking Inc q Villageside Farm q Vinolio q VFW q Waldo County General Hospital q Waldo County General Hospital Aid q White Cap Builders q Beth Staples, photography |
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2019 Service Stats

Patient Services
 Patients served in their homes, hospital and nursing homes: 115
 Total hours with patients: 2,870
 Bereavement Services
 New adult clients served: 158
 Individual personal support: 75
 Adults attending support groups: 26
 Adult Support Groups: 5
 Groups in schools: 6
 Students receiving support: 26
 Crisis Support for school: 1
 Bereavement Support mailings: 153
 Total Bereavement Hours: 2,570
 Educational Services
 Advance Care Planning Workshops: 63 participants
 End Stage Presentations in the community: 12
 Audience: 145
 Lending library borrowers: 59 people
 Volunteer Continuing Education Hours: 2,058
 Volunteer Hours
 Total hours with patients: 2,870
 Bereavement Hours: 2,570
 Palliative Players: 522
 Continuing Education Hours: 2,058
 Fundraising, office and administrative support hours: 1,982
 Total of volunteer's hours: 10,002
 Total people receiving direct services: 299 People receiving educational services: 267

2019 Financial Stats

Income Sources and Amounts:	
Individual donations	\$22,434
Investment Income	22,260
WCGH support	20,000
Grant funding	14,000
Program income	11,430
Fund raising events	9,496
Community organizations	8,438
Total Income	\$108,058
Expenses by category	
Staffing	\$75,520
Program	6,353
Fund-raising expenses	4,449
Office	3,181
Insurance/Fees	2,422
Board/Vol development	2,412
Educational resources	1,980
Total Expenses	\$96,317